

# YEAR 1 RESULTS SUMMARY: Upper Peninsula Food As Medicine

The Upper Peninsula Food As Medicine program is intended to address food insecurity and improve the health outcomes of low-income residents in the Upper Peninsula (U.P.) through:







**PRODUCE PRESCRIPTIONS** for low-income, food insecure U.P. residents that have or are at risk of certain diet-related health conditions. Prescriptions can be redeemed at local markets.

**NUTRITION EDUCATION** offerings for those enrolled in the prescription program.





**INFRASTRUCTURE GRANTS** to local farmers to improve cold storage capacity in the U.P.

The program is led by the Upper Peninsula Commission for Area Progress and in close collaboration with clinical, farmer and food producer, farmers market, and human service partners. Collaboration among partners began in 2021. Participant enrollment began in May 2022 and is ongoing. Highlights of program results as of September 1, 2022 are captured here.

## COMPARED TO YEAR ONE PROGRAM TARGETS...







-  **More low-income residents of the U.P. are engaged in the program.**
-  **A lower percentage of vouchers have been redeemed, however, the window for redemption is still open so results are not final.**
-  **More partners have been reached and are engaged in the program.**
-  **We are over halfway towards the two-year target for number of producers benefiting from infrastructure support.**
-  **Fewer participants are enrolled in nutrition education or have earned a certificate.**
-  **Satisfaction levels are lower for some partners and higher for others.**

The following tables show program performance compared to year-one targets.

|   | PROGRAM PARTICIPATION METRICS                                       | TARGET | PERFORMANCE       |
|---|---|--------|-------------------|
|  | Number of people enrolled   | 90     | 100               |
|  | Percentage of vouchers redeemed                                     | 70%    | 46% <sup>1</sup>  |
|  | Percentage of participants that attend nutrition education          | 35%    | 9%                |
|  | Percentage of nutrition education attendees that earn a certificate | 65%    | 100% <sup>2</sup> |

<sup>1</sup> Percentage of vouchers redeemed through September 2022, which is not a final result.

<sup>2</sup> Only eight people enrolled in nutrition education. Of those 8, 100% completed enough classes to receive a certificate of completion.

| INFRASTRUCTURE METRICS   |  | TARGET                   | PERFORMANCE                              |
|--|--|--------------------------|--|
|   | Number of applications received for cold storage                     | N/A                      | 27                                       |
|   | Number of farms that received funding for cold storage               | 12 over two-year cycle   | 9 total;<br>3 per region                 |
| COLLABORATION METRICS  |  | TARGET                   | PERFORMANCE                              |
|   | Number of MOUs with health care providers                            | 3 total;<br>1 per region | 8 total <sup>3</sup> ;<br>≥ 3 per region |
|   | Number of participating farmers markets                              | 5                        | 10                                       |
|   | Percentage of referral (i.e., health care) partner satisfaction      | 80% <sup>4</sup>         | 77%                                      |
|  | Percentage of redemption partner (i.e., farmers market) satisfaction | 80% <sup>3</sup>         | 100%                                     |

Nearly all Advisory Workgroup partners responding to a satisfaction survey reported that Upper Peninsula Food As Medicine is on a solid path to achieving each of eight overarching goals.

<sup>3</sup> MOUs can apply to more than one region. Totals per region were Central 6, Western 3, and Eastern 5.

<sup>4</sup> The original target was for all partners, e.g., health care, redemption sites, producer/suppliers.